

Level 3 First Aid in the workplace – 3 Day

The Health and Safety (First Aid) Regulations 1981 require all employers to make arrangements to ensure their employees receive immediate attention if they are injured or taken ill at work. This includes carrying out a risk assessment, appointing a suitable amount of first aiders and providing appropriate first aid training. However, having the correct first aid provision in the workplace is not just a legal requirement, it is incredibly important for the safety of all members of staff!

Course Detail

The QA Level 3 Award in First Aid at Work (RQF) qualification is specifically designed for individuals who wish to act as a first aider in their workplace. Successful candidates will learn how to manage a range of injuries and illnesses that could occur at work and will be equipped with the essential skills needed to give emergency first aid. What is more, as a regulated qualification, employers can book this course for their employees and rest assured that they have fulfilled their legal responsibilities for providing quality first aid training, without having to undertake any lengthy due diligence checks.

During this 3-day course, you will also cover:

- The role and responsibilities of a first aider
- Assessing an incident
- Managing an unresponsive casualty
- CPR and defibrillation
- Recovery Position
- Heart Attack
- Stroke
- Choking
- Epilepsy
- Asthma
- Diabetes
- Anaphylaxis Shock
- Head and spinal injuries
- Chest injuries
- Wounds and bleeding
- Fractures Sprains, strains and dislocations
- Minor injuries
- Burns and scalds.
- Poisoning
- Eye injuries



Course Assessment:

This unit is assessed by the trainer on the course based on Practical observations and Multiple-Choice Question papers

All the assessments will be conducted within the course duration.

We understand that exams can be daunting or nervous for many candidates. Many candidates on the course have not done an examination for a long time. The trainer on the course will equip you with all the knowledge needed to pass.

Entry Requirements:

14+ Years

Basic Level of English to Level 1 Standard

If you would like any further information, please Contact GuardWatch Security on 0345 257 1898