

Level 3 Emergency First Aid - 1 Day

Course Overview

The Health and Safety (First Aid) Regulations 1981 require all employers to make arrangements to ensure their employees receive immediate attention if they are injured or taken ill at work. This includes carrying out a risk assessment, appointing a suitable amount of first aiders and providing appropriate first aid training. However, having the correct first aid provision in the workplace is not just a legal requirement, it is incredibly important for the safety of all members of staff!

Course Detail

The Level 3 Award in Emergency First Aid at Work (RQF) qualification is designed for individuals who wish to act as an emergency first aider in their workplace. Upon successful completion of this qualification, candidates will be equipped with the essential skills needed to give safe, prompt, and effective first aid in emergency situations. What is more, as a regulated qualification, employers can book this course for their employees and rest assured that they have fulfilled their legal responsibilities for providing quality first aid training, without having to undertake any lengthy due diligence checks.

During this 1-day course, you will also cover:

- The roles and responsibilities of an emergency first aider
- Assessing an incident Managing an unresponsive casualty
- CPR and defibrillation
- Recovery Position
- Choking Seizures
- Shock
- Wounds and bleeding
- Minor injuries
- Cuts, grazes, and bruises
- Minor burns and scalds

Course Assessment:

This unit is assessed by the trainer on the course based on Practical observations and a Multiple-Choice Question paper

All the assessments will be conducted within the course duration.

We understand that exams can be daunting or nervous for many candidates. Many candidates on the course have not done an examination for a long time. The trainer on the course will equip you with all the knowledge needed to pass.

Entry Requirements:

14+ Years



Basic Level of English to Level 1 Standard

If you would like any further information, please Contact GuardWatch Security on 0345 257 1898