

## Level 2 Food hygiene in Catering - 1 Day

### Course Overview

EU and UK regulations state that all food handlers must receive appropriate training in food safety practices relevant to their duties. However, having a good understanding of food safety practices is not only a legal requirement, but also essential in protecting the health of both consumers and food handlers.

The Level 2 Award in Food Safety in Catering (RQF) is a regulated and nationally recognised qualification for people working, or planning to work, in the food catering industry. The qualification is also ideal for those who come into contact with food handling areas due to the nature of their work, such as pest control officers and delivery personnel. Successful candidates will gain a strong understanding of the importance of food safety, including correct food handling practices and measures to reduce the risk of contamination.

### Course Detail

By the end of the course delegates will have a clear understanding of the importance of ensuring appropriate food hygiene within the workplace.

#### During this 1-day course, you will also cover:

- The importance of food safety Food safety laws
- Legal responsibilities of food handlers
- Types of contamination and the associated risks Bacteriology
- Food poisoning
- Foodborne illnesses
- An introduction to Hazard Analysis and Critical Control Points (HACCP)
- Personal hygiene
- Workflow
- work surfaces and equipment
- Cleaning and disinfection
- Waste disposal
- Pest control
- Safe food handling practices including time and temperature controls.
- Preparation
- Cooking & reheating
- Chilling
- Cooling
- Freezing
- Thawing
- Hot holding
- Displaying food
- Core temperatures
- Food preservation



- Storage Stock control procedures

**Course Assessment:**

This unit is assessed by a Multiple-Choice Question paper.

All the assessments will be conducted within the course duration.

We understand that exams can be daunting or nervous for many candidates. Many candidates on the course have not done an examination for a long time. The trainer on the course will equip you with all the knowledge needed to pass.

**Entry Requirements:**

14+ Years

Basic Level of English to Level 1 Standard

If you would like any further information, please Contact GuardWatch Security on 0345 257 1898